

RECOMMENDED LAB TESTS
as presented by Dr. Gordon Donaldson
on Stand in the Gap Today 11/8/21

Note: These tests can be done by [Quest Diagnostics](#) with a doctor's prescription.

To test for inflammation:

Cardio IQ myeloperoxidase
Lp-PLA2 activity

To test for immune function:

CBC with a differential
CD4 level
CD8 level

To test for bleeding issues:

Look at platelet count in CBC

To test for blood clots in small vessels:

Troponin T, high sensitivity
D-dimer level

To test for heart function:

Galectin-3 level
NT-proBNP

To test for general organ function:

Comprehensive metabolic panel

Note: Vitamin D Levels should also be tested.