

**RECOMMENDED LAB TESTS**  
**as presented by Dr. Gordon Donaldson**  
**on Stand in the Gap Today 11/8/21**

**Note:** These tests can be done by [Quest Diagnostics](#) with a doctor's prescription.

**To test for inflammation:**

Cardio IQ myeloperoxidase  
Lp-PLA2 activity

**To test for immune function:**

CBC with a differential  
CD4 level  
CD8 level

**To test for bleeding issues:**

Look at platelet count in CBC

**To test for blood clots in small vessels:**

Troponin T, high sensitivity  
D-dimer level

**To test for heart function:**

Galectin-3 level  
NT-proBNP

**To test for general organ function:**

Comprehensive metabolic panel

**Note:** Vitamin D Levels should also be tested.

**Note:** To find out whether you have COVID anti-bodies, you can be tested for SARS -CoV-2 virus Antibody (IgG) level; (not the antibody level to the spike protein).